Argivit
www.argivit.it

Argivit is a food supplement that contains L-Arginine, Creatine, L-Carnitine, L-Aspartic acid, Magnesium L-pidolate and Potassium citrate with vitamins and mineral salts.
Argivit is indicated for all cases of reduce intake of its components with the diet or in cases of increased demands thereof.
Magnesium contained in Argivit promotes the electrolyte balance and the reduction of tiredness and fatigue.
Potassium contained in Argivit promotes the normal muscular function.
Gluten Free

L-Arginine, endogenous precursor of Creatine and essential substrate of the Nitric Oxide synthesis, promotes the maintenance of the regular ammonia clearance.

Creatine is an intermediate compound of the energy metabolism synthetized by the liver (1g/die), and is used in mammalian muscles to regenerate ATP during first the few seconds of muscle contraction. The human organism is able to store a maximum of 0,3g per Kg of body weight of it.

L-Carnitine is synthesized in the human body by the liver and kidneys. 95% of the carnitine present in the human body is contained in the skeletal and cardiac muscles. It is a carrier of fatty acids that allows the mitochondria to use them for the production of ATP.

L-Aspartic acid: amino acid involved in gluconeogenesis, metabolic process during which, in case of need due to a lack of glucose in the blood flow, a not glucose compound is converted to glucose compound.

Magnesium contributes to the regular protein synthesis, the physiological electrolyte balance, normal energy metabolism and the physiological muscle function. Magnesium, therefore, contrasts tiredness and fatigue.

Potassium contributes to the physiological muscle function, the maintenance of regular blood pressure and the regular functioning of the nervous system.
Vitamin C contributes to the reduction of tiredness and fatigue, to the normal function of the immune system, to maintain the normal function of the immune system during and after intense physical exercise, to normal energy-yielding metabolism, to normal functioning of the nervous system, to normal psychological function and to the protection of cells from oxidative stress, to the regeneration of the reduced form of vitamin E and increases iron absorption.

Vitamin E contributes to the protection of cells from oxidative stress.

Selenium contributes to the normal function of the immune system, to the protection of cells from oxidative stress and to the normal spermatogenesis.

Iron ccontributes to the reduction of tiredness and fatigue, to the normal cognitive function, to the normal energy-yielding metabolism, to the normal formation of red blood cells and hemoglobin and to the normal oxygen transport in the body.

Recommended dosage

One sachet per day. Dissolve the content of the sachet in a glass of still water.